

CYMHSU ER Protocol Training Video



FACT SHEET

ER Protocol Training

A **short training video** has been created to introduce you to the Child and Youth Mental Health and Substance Use (CYMHSU) Collaborative ER protocol. The video has been designed to clearly outline the Protocol's five steps, and how each step works to form part of a consistent supportive response for children, youth and families seeking help for a MHSU crisis in the ER.

The five steps are:

- 1 A 'WHAT TO EXPECT PAMPHLET'** – given out at triage to parents/youth
- 2 AN ALGORITHM** – to guide the process for physicians and nurses from triage to discharge
- 3 HEARTSMAP** – a psychosocial assessment tool www.heartsmap.ca
- 4 A 'COMMUNICATION PLAN AT DISCHARGE'** – replaces all existing referral forms
- 5 A 'SAFETY PLAN AT DISCHARGE'** – completed by youth, with a copy going home with them.

All information and forms will be tailored to your Health Authority or hospital, and readily available when needed (on your HA or internal hospital website). Please note that in the video we refer to the ER and ED protocol recognizing that these can be used interchangeably in some hospitals. Some sites will also refer to the ER or ED guideline.

Additional Training Sites:★

- HEARTSMAP assessment tool www.heartsmap.ca to register and for additional information
 - Learning Links – 15 free on-line modules on MHSU www.learninglinksbc.ca
- ★ (CME CREDITS AVAILABLE)

If you would like to provide feedback please forward to michele.blais@outlook.com until 12/31/2017



AS YOU WATCH ...

If you are about to watch the video, you will find it much more effective if you have copies of the supporting forms to review as you watch. We recommend making pre-made kits in the ER with the forms for a more efficient process.

BACKGROUND

Why was the ER protocol developed?

In the past ten years there has been a steady increase in the number of children and youth seeking help in the Emergency Department for a mental health or substance use crisis. To try and address the issue, the Child and Youth Mental Health and Substance Use (CYMHSU) Collaborative (a partnership by Doctors of BC and the BC government) formed the ER Protocol working group.

What are the goals of the protocol?

The protocol was developed to ensure that all BC children, youth and families receive a consistent approach to care in the ER, from staff who are skilled and confident to support them. Also that the need for referrals to community resources are identified, completed and communicated to all parties, including GPs.

Who was the protocol developed for?

All practitioners who see and assess children and youth with mental health and substance use issues in the Emergency Department may be trained to use the protocol: physicians, nurses, psychiatric liaison nurses, social workers, and crisis response teams. *The most appropriate team to be trained will be determined by each site*

