

## **Mt Waddington Child & Youth Mental Health & Substance Use Services**

### **Preschool**

#### **Infant Development Program**

Children ages 0 to 3. Focuses on physical, emotional and social development. **250-949-8323**

#### **Aboriginal Infant Development Program**

Children ages 0 to school age. Focuses on physical, emotional and social development. Individual support, home visits and play group. **250-974-5356**

#### **Supported Child Development**

Children ages 0 to 12. Support Services to children, families & child care settings.

**250-949-8333**

#### **Building Blocks Child and Family Outreach**

Pregnancy & parenting support; health, nutrition, FASD awareness & support.

**250-230-1132**

### **School-Aged Children**

#### **Child and Youth Mental Health Team at MCFD**

Counseling for children, youth and families. **250-949-8011**

For more information call/text 250-230-2344 or email [danielle.plummer@gov.bc.ca](mailto:danielle.plummer@gov.bc.ca)

#### **North Island Crisis and Counselling Centre Society**

Provides mental health services to children, youth & families in the Mt Waddington

area. **250-949-8333**

#### **North Island Community Services**

Provides support services and mental health counselling to children, youth and their

families in the Mt Waddington area. **250-956-3134**

#### **Discovery Youth and Family Substance Use Services**

Provides counselling, information and support services to youth ages 13 – 18 and their

families regarding substance use. **250-902-6063**

#### **'Namgis Health Centre**

Children, youth and adult mental health services provided in Alert Bay and at North

Island Secondary School during the school year. **250-974-5556**

#### **K'wak'walat'si Child and Family Services**

Provides services to children, youth and families in the Alert Bay area. **250-974-5356**

#### **Gwa'sala Nakwaxda'wx Child and Family Services**

Provides mental health and substance use services to children, youth and families from

the Gwa'sala Nakwaxda'wx community, on and off reserve. **250-949-8131**

## **Child and Youth Mental Health and Substance Use Collaborative**

Improving timely access to integrated mental health and  
substance use services for children, youth and families

#united4CYMH  
We are all

doctors  
of bc

SharedCare  
PROVIDING CARE  
FOR ALL