Mt Waddington CYMHSU Local Action Team;Tracy Hamilton

[Email address]

Abstract

A listing of mental health and substance use services, child development and family supports for the Mount Waddington area

Community RESOURCE DIRECTORY

A PHYSICIAN’S GUIDE TO MENTAL HEALTH AND SUBSTANCE USE SERVICES, CHILD DEVELOPMENT AND FAMILY SUPPORTS IN THE MOUNT WADDINGTON REGION

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**CRISIS LINE NUMBERS**

* **310-6789 (MCFD Mental Health Crisis Line)**
* **1-800-SUICIDE (1-800-784-2433)**

**Online Chat Service for Youth: www.YouthInBC.com** (Noon to 1:00 a.m.)

* **1-888-494-3888** (Vancouver Island Crisis Line)

**www.vicrisis.ca** – Crisis Chat – 7 nights/week 6 to 10 p.m.

**Crisis Text: 250-800-3806** - text this number 7 nights a week 6 to 10 p.m. from anywhere on Vancouver Island

* **Kids Helpline 1-800-668-6868**

**Live Chat:** http://kidshelpphone.ca/Teens/AskUsOnline/Chat-counselling.aspx

Wednesday to Sunday 3:00 p.m. to 11:00 p.m.

**GRANDPARENTS RAISING GRANDCHILDREN SUPPORT LINE**

Monday, Tuesday, Thursday, Friday - 11:00 a.m. to 3:00 p.m.

1-855-474-9777

grgline@parentsupportbc.ca

**LGBT SUPPORT**

www.pflag.ca

email: inquiries@pflagcanada.ca

or call 1-888-530-6777

**PFLAG:** A national organization dedicated to helping all Canadians who are struggling with issues of sexual orientation and gender identity.  provides support, education, and resources to parents, families, friends and colleagues with questions or concerns.  For information/services on Vancouver island please refer to website or call the toll-free number.

**TRANS LIFELINE** is a non-profit volunteer run crisis line.  The line is primarily for transgender people experiencing a crisis.  This includes people who may be struggling with their gender identity and are not sure that they are transgender.  While the goal is to prevent self harm, calls from all transgendered person in need are welcomes.

phone 1-877-330-6366 (24/7)        www.translifeline.org

**SUMMARY OF SERVICES**

**CHILD AND YOUTH SOCIAL AND EMOTIONAL DEVELOPMENT**

**Preschool**

**Infant Development Program:** Guidance for parents with children up to the age of 3 who are slow in developing physically, emotionally or socially. Individual support, home visits, play group. Services are free and voluntary. For more information call: **250-949-8323** (program operated by Crisis and Counselling Centre at Robert Scott School)

**Aboriginal Infant Development Program:** Guidance for parents with children up to school age who are slow in developing physically, emotionally or socially. Individual support, home visits, play group. Services are free and voluntary. For more information call: **1-250-974-5356**

**Supported Child Development:** support services to children, families and child care centres so that children with extra support needs can participate in fully inclusive child care settings. Children from birth to age 12. Participation in SCD is voluntary and the program is available to all families, including families on or off reserve. – **250-949-8333** (program operated by Crisis and Counselling Centre)

**Building Blocks Child and Family Outreach:** Pregnancy support, parenting support, health nutrition, FASD awareness and support **250-230-1132**

**School-age children (5 to 19)**

Child and Youth Psychiatry – once a month with physician referral

Services for teens and families through Discovery Youth and Family Substance Use services for youth who have concerns about alcohol or other drug use or are affected by someone else’s drug and alcohol use.

If a parent is concerned about the safety of a child or youth and suspects abuse or neglect, a report to children protection can be made by calling **250-949-8011** (8:30 to 4:30 Monday to Friday) and **310-1234** during evenings and weekends.

**Counselling For Children, Youth and Families**

For information on any of these services, call/text Danielle Plummer, Team Leader, Child & Youth Mental Health at **250-230-2344** or email at danielle.plummer@gov.bc.ca

Services are provided by the following agencies and parents can contact them directly. In cooperation with SD85 and band schools, counselling can be offered during school hours in the school.

|  |  |
| --- | --- |
| Child and Youth Mental Health team at MCFD | 250-949-8011 |
| North Island Crisis and Counselling Centre Society | 250-949-8333 |
| North Island Community Services | 250-956-3134 |
| School District 85  | 250-949-6618 |
| Island Health Discovery Youth and Family Substance Use Program | 250-902-6063 |
| ‘Namgis Health Centre | 250-949-5522 |
| Gwa’Sala-‘Nakwaxda’xw Health Centre | 250-949-8131 |

**MENTAL HEALTH AND**

**SUBSTANCE USE SERVICES DIRECTORY**

**ADULT MENTAL HEALTH AND SUBSTANCE USE**

[www.viha.ca/mhas](http://www.viha.ca/mhas)

**Port Hardy Office**

7070 Shorncliffe Avenue, Box 1290, Port Hardy, BC V0N 2P0

Phone:  250-902-6051, Fax:  250-902-6052

(serving Port Hardy and Port Alice)

**Port McNeill Office**

2750 Kingcome Place, Box 548, Port McNeill, BC V0N 2R0

Phone:  250-956-4461, Fax:  250-956-3653

(serving Port McNeill, Sointula and Alert Bay)

Mental Health and Substance Use Services in the Mt. Waddington region delivers a range of services to persons living with severe mental health and/or substance use issues. We work closely with other Island Health programs, local physicians and nurse practitioners, First Nations health partners and other not for profit groups to ensure that “every door is the right door” to access the appropriate service setting. We accept referrals from primary care providers, health programs, community partners and self referrals.

All referrals to Island Health Programs and services are made by completing the **Single Point of Access Form and faxing to 250-902-6037**

Adult Mental Health and Substance Use Services provides the following specific services:

**Early Recovery Program:** Mondays, Wednesdays and Fridays 10:00 a.m.  - 11:40 a.m.

No appointment required

**Drop-in counselling and support:**    Monday to Friday 1:00 p.m. - 3:00 p.m.

        No appointment required

**Assertive Community Treatment (ACT Team):** Provides facilitated community living, psychosocial rehabilitative services, and recovery for persons who are living with the most serious mental illnesses, have severe symptoms and impairments, and have not benefited from traditional outpatient programs.

**Intensive Case Management Team (ICM Team):**

The Intensive Case Management Team (ICMT) in Mt. Waddington is focused on providing services to people who are*:*

* 16-65  years of age; and
* Experiencing moderate to severe impacts in their daily functioning due to substance use and mental health challenges; and
* Experience multiple barriers related to housing, poverty, accessing health and appropriate services; and
* May have regularly involvement with emergency services including the legal system

**AIDS VANCOUVER ISLAND**

7070 Shorncliffe Road, Port Hardy, BC V0N 2P0

Phone:  250-94-0432

Toll-Free:  1-800-665-2437

Email:  info@avi.org

Services For People Living With HIV/AIDS Or Hepatitis C

* Short-term counseling focused on immediate needs and outcomes
* Advocacy and support with income assistance, health care services, employment, housing, disability status applications and legal matters
* Non-judgmental education and support for treatment, side effects, nutrition and symptoms
* Nurse practitioner available anytime upon request

Harm Reduction Services

* Harm reduction supplies (including pipes and mouth pieces), support and education
* Education for safer drug use
* Referrals and links to other services
* Referral to and assistance navigating social and health care systems

**ALCOHOLICS ANONYMOUS**

**1-800-663-1441**

A.A. is an international fellowship of men and women who have had a drinking problem.  it is nonprofessional, self-supporting, multiracial, apolitical and is available almost everywhere.  There are no age or education requirements.  Membership is open to anyone who wants to do something about his or her drinking problem.

**NARCOTICS ANONYMOUS**

Phone: 877.379.6652

Narcotics Anonymous (or NA) is a nonprofit Fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using.

**LIGHTHOUSE RESOURCE CENTRE**

**(SALVATION ARMY)**

8635 Granville Street, Port Hardy, BC V0N 2P0

Phone:  250-949-8125, Fax:  250-949-7885

Provides free emergency assistance with food, shelter, clothing, household goods, etc. for persons who have unexpected expenses

Operates the Lighthouse Shelter, an emergency shelter for adults from Nov 1st to March 31st

**CHILD, YOUTH AND FAMILY MENTAL HEALTH AND SUBSTANCE USE SERVICES**

**DISCOVERY YOUTH & FAMILY SUBSTANCE USE PROGRAM**

Phone: 250-902-6063, Fax: 250-902-6064

Assists youth and/or their families to reduce the harms associated with substance use and related issues.

Discovery Youth and Family Substance Use Services are free, and available to anyone in the community directly or indirectly negatively impacted by substance use:

* Youth aged 13 to 19 who have concerns about alcohol or other drug use
* Families/caregivers who are concerned about a youth using alcohol or other drugs

Offer a range of services including:

* Individualized Planning Services
* Individual and Family Counselling Services
* Outreach Services
* Coordination of Services
* Withdrawal Management Services
* Supported Residential Services
* Education and information about alcohol or other drugs

**MINISTRY OF CHILDREN AND FAMILY DEVELOPMENT**

8755 Gray Street, Box 578, Port Hardy, BC V0N 2P0

Phone:  250-949-8011, Fax:  250-949-8936

Website:  www.gov.bc.ca/mcf

MCFD provides the following services:

* **Child Protection:** to make a report call 250-949-8011 between 8:30 a.m. and 4:30 p.m. or 310-1234 evenings and weekends
* **Youth Probation​**
* **Children and Youth with Special Needs** - funding and programming for children diagnosed with a development delay or Autism Spectrum Disorder - 250-949-8011
* **Child & Youth Mental Health:** inquiries and requests for service: call or text **250-230-2344** 9:00 a.m. to 5:00 p.m. Mon-Fri

**Child and Youth Psychiatry FAQ**

1. MCFD is responsible for providing psychiatry consults for children and youth. There are a set number of sessions per fiscal year.
2. The consulting psychiatrist comes to the north island once a month.
3. A referral from a physician OR pediatrician OR nurse practitioner is required prior to seeing a child or youth.  After every meeting a report is sent to the referral source with a copy to the counsellor attending the appointment.  The reports may include recommendations for medication but they need to be prescribed by the referring physician in order to have effectiveness and side effects monitored locally and frequently if needed.
4. Child and Youth Mental Health services provided by MCFD cover the 0 to 19 age range but the Psychiatrist does not usually see children under the age of 5.
5. The Psychiatrist also requires that a counsellor be involved with the child or family. In theory, as MCFD arranges for this service, it is supposed to be an MCFD clinician in attendance but he or she will see clients involved with any counsellor, including school counsellors.  Counsellors are expected to implement recommendations from the report and attend follow-up consults to report back on the outcomes.
6. The Psychiatrist does not perform assessments related to ADHD, FASD, or learning problems.  Children who have ADHD, FASD and learning problems can be assessed if these conditions exist with other mental health conditions and there is a need to sort out which diagnosis is contributing to which behaviour.
7. Screening assessment for Autism Spectrum Disorders can be performed with referrals to V.I.C.A.N. initiated.
8. Pre and post consults for the Maples or Ledger House clients are available.
9. Initial assessment sessions take about 2 hours.  They involve a structured interview that includes a review of birth and child development information in addition to looking into the history of both parents.  The child is often given an opportunity to speak alone with the Psychiatrist as are the parents.
10. Follow-up interviews can last between half an hour to a full hour.
11. If you require additional information, please contact Child and Youth Mental Health at 250-949-8011.

**North Island Community Services**

375 Shelley Crescent, Box 248, Port McNeill, V0N2R0

250.956.3134, fax: 250.956.4484

**Special Services Program**

Referrals to this program come directly from the Ministry of Children & Family Development. Workers assist families with a variety of services, determined in partnership with MCFD and each family.

**Child & Youth Counselling**

Based in Port McNeill, our Counsellor works with children and youth 6 -19 years of age who are experiencing emotional or social difficulties.

**Toddler Time:**Monday, Tuesday and Wednesday 9:30am – 11:00am

Ages 0-6 playtime, crafts, healthy snacks, and to connect with other parents.

**Foster Families’ Support Program**

The Foster Families’ Support Worker assists foster families with accessing supports and training, finding resources, supporting local and regional foster family networks, and providing advocacy in some situations.

**Community Links/Semi-Independent Living**

The Community Links Program is a day program for adults with developmental disabilities. This program provides life skills training and support in accessing the community more independently, promoting understanding and respect between the community at large and people with exceptional challenges,.

The Semi-Independent Living Program supports adults with developmental disabilities to live independently, alone or with family, a partner, or friends in an apartment or house. Support staff monitor general health, and help with day-to-day activities including shopping, food preparation, hygiene skills, budgeting, social skills, housekeeping and laundry. This program also encourages clients to access natural community supports systems.

**Supported Employment**

Provides support to adults with developmental disabilities who are either already working or looking for work in their communities.

**Parents of Young Children Program** (Community Action Plan for Children)

The Parents of Young Children offers group and outreach support, in partnership with Building Blocks, providing support, counselling, life skills training, health and social information to the participants of the program. The goal of these activities is to build self-esteem and to encourage participants to be competent, loving parents as well as healthy, independent individuals.

This program is open to Port Hardy and area families with children from infancy to 6 years of age.

**Promising Babies** (Canadian Prenatal Nutrition Program)

In partnership with Island Health Authority, we are the host agency for the promising Babies Program. There are weekly drop-in programs in both Port McNeill and Port Hardy. It’s an informal opportunity to meet with other parents and to discuss interesting pre and post-natal topics. These sessions are all based on the participant's’ needs and are open to all prenatal and postnatal families with babies up to 1 year of age.

**We’ll Help You (WHY) - The WHY program aids in the following cases:**

Parental deliveries that require an emergency transfer.

Residents of the North Island needing emergency medical travel.

**The Mount Waddington Transit System -** Our community bus system provides service between Port McNeill, Port Hardy, Coal Harbour, Fort Rupert, and Hyde Creek. There is some capability for HandyDart services at specific times.

**Volunteer Transportation Network -** Volunteer drivers use their personal vehicles to transport eligible clients to and from various destinations, generally medical and dental appointments, to the food bank, court appearances or grocery shopping.

The VTN is available within the same service area as our Mt Waddington Community Bus Service.

**North Island Crisis and Counselling Centre Society**

7095 Thunderbird Way, Box 2446, Port Hardy, BC V0N 2P0

Phone:  250-949-8333, Fax:  250-949-8344

Website:  www.nicccs.org

Email:  reception@nicccs.org

**NICCCS offers the following programs and services:**

**Women's Outreach -** Specialized Services for Women for:

Depression, Anxiety, Anger, Sexuality

Trauma and Abuse Issues

Recovery and Healing

Grief and Loss

This program responds to the needs of women and children who have experienced, or are at risk of violence. An Outreach Worker will help women to identify what they need, and assist with transportation, childcare, and other supports so that women living in outlying communities have access to services.

**Crisis Stabilization Program:** offers a 6 bed residential facility for men and women who require short term crisis housing.

**Safe Shelter -** for women who have been physically, sexually and/or emotionally abused and for their children. We serve all the North Island communities.

**Child and Youth Mental Health Counselling -** Our Counsellor works with children and youth who are experiencing distress which is impairing their functioning at home, at school, with peers, or in the community.

The Counsellor is part of the North Island Child & Youth Mental Health Team, which provides a continuum of services throughout the North Island, ensuring effective and timely access to services throughout the Mount Waddington Regional District.

**Sexual Abuse Intervention Program -**

The Sexual Abuse Intervention Program is part of the Child & Youth Mental Health Program. Our Counsellor works with children and youth who have been sexually abused, as well as children and youth (up to 12 years of age) who are showing sexually intrusive or abusive behaviours. We also offer support to the families and/or caregivers.

**Children Who Witness Abuse Program -** This program offers individual and group counselling services for children and youth, 3 – 19 years old, who have witnessed abuse or violence.

**Family, couple and individual counselling for various concerns including but not limited to:**

Couple/Marital Relations

Parenting Skills

Family of Origin Issues

Parent-Child Conflict

Violence in Intimate Relationships

Anger Problems

Conflict Management

Grief Counselling

**FASD Key Worker Program -** Our Key Worker offers a variety of services to families who are living with fetal alcohol spectrum disorder, including:

-assisting families in understanding FASD by providing education and information specific to the needs of the child and family.

-assisting families in accessing support, health and education services development of local support services.

-providing emotional and practical support to families.

-working with community professionals to develop local support services

Key Worker services are not restricted to a family whose child qualifies for, or completes an assessment.

**Infant Development Program -** The Infant Development Program serves children from birth to three years old who are at risk for, or who already have a delay in development.

**Strong Start Program -** This play-based early learning program is for parents and caregivers and their young children, aged birth to five.

Our qualified early childhood educator leads learning activities, including stories, music and art to help children get ready for in kindergarten.

**Supported Child Development -** Supported Child Development is available to families with children 19 years and under who require extra support with physical, intellectual, emotional, communicative or behavioural challenges.

**Family Support Program -** Family Support Program is an after school, activity based service to teach life skills, encourage community involvement, and enhance the circle of friends for youth with special needs, ages 12-18.

**Better At Home Program** - a United Way program that helps seniors continue living independently in their own homes by providing simple, non-medical services like help with housekeeping and transportation to appointments

**RCMP Victim Services**

Located in Port Hardy

Phone: 250-949-6335

RCMP Victim Service Programs provide support to victims, witnesses, family members and others who have been impacted by crime and trauma. These services are free of charge and include:

* emotional support and follow up support for as long as is required;
* police requested crisis response;
* information on the status of the police investigation and the progress of the case through the court system;
* information on how the criminal justice system works and court orientation for witnesses who may be required to testify;
* assistance in completing Victim Impact Statements and in completing Crime Victim Assistance compensation forms;
* referral to appropriate social, legal, financial, counselling and other services.

**CHILD DEVELOPMENT DIRECTORY**

**North Island Early Child Development Society**

**(Stepping Stones Childcare Centre)**

6855 Market Street, Box 42, Port Hardy, BC V0N 2P0

Phone:  250-949-3031, Fax:  250-949-3038

Daycare for ages - birth to 12

steppingstonesdaycare@hotmail.ca

**North Island Early Intervention Team**

Box 1259, Port Hardy BC, V0N 2P0

Phone: 250-949-7005

The Early Intervention Program (EIP) provides services for children from birth to 5 years of age with or at risk for developmental delays. Services include Speech and Language, Occupational Therapy and Physiotherapy.

**Strong Start Programs**

StrongStart BC programs provide rich learning environments designed for early learning development – language, physical, cognitive, social and emotional. Qualified early childhood educators lead learning activities where children find opportunity to make friends and interact with others of similar ages.

The overall learning experience is shared as parents and caregivers attend with their children and are encouraged to get involved in activities like telling stories, playing games and serving healthy snacks.

Strong Start Programs are run out of the following schools:

**Port Alice**

Seaview Elementary

1120 Nigei Street, Port Alice, BC V0N 2N0

Phone:  250-284-3315

**Woss**

Woss Lake Elementary

4500 MacRae Avenue, Woss, BC V0N 3P0

Phone:  250-281-2233

**Port McNeill**

Cheslakees Elementary

2853 Mind Road, Port McNeill, BC V0N 2R0

Phone:  250-956-3411

**Port Hardy**

Robert Scott School

6855 Market Street, Port Hardy BC V0N 2P0

Phone:  250-949-9425

Email:  northislandcaregivers@hotmail.com

**FIRST NATIONS BAND DIRECTORY**

**Gwa’sala Nakwaxda’xw Band**

**Health and Family Services**

403 Tsulquate Reserve

Box 127, Port Hardy, BC, V0N 2P0

Phone: 250-949-8131, Fax: 250-949-6811

Provides a wealth of individual family, child, youth and elder services in addition to group programming. Services are available to Gwa’sala Nakwaxda’xw members on and off reserve. Self- referrals and professional referrals accepted.

**Community Health Representatives** works with health care providers and the community to educate and provide information and support about healthy individuals, families and communities through education, immunization and clinics.

**Maternal Health Representatives** support pregnant First Nations women and families with infants and young children, who live on reserve, to reach their fullest developmental and lifetime potential. Program clients: all pregnant women and new parents, with long term support for those families who require additional services.

**NNADAP (National Native Alcohol & Drug Abuse Program) Prevention** activities, aimed at preventing serious alcohol and other drug abuse problems; **Aftercare** activities, aimed at preventing alcohol and drug abuse problems from reoccurring; **Intervention** activities, aimed at dealing with existing abuse problems at the earliest possible stage.

### Mental Health Program provides outreach services and individual counselling to members of the community.

**Family Navigator (Sassaman’s Society)** provides assistance, guidance and support to aboriginal families/ Elders involved with the Ministry of Children and Family Development or whose children/grandchildren are in Ministry care.

**North Island Building Blocks**

7305 Market Street

Box 1982 Port Hardy BC V0N 2P0

Phone: 250-230-1132

Fax: 866-433-5507

Provides support to families with children and youth ages 0-18 years of age through outreach and groups \* Healthy pregnancies and thriving babies \* FASD awareness and support \* Harm reduction/ addictions support \* Healthy nutrition \* Early detection and assessment for FASD \* Pregnancy support for young mothers and fathers \* Parenting support and training \* Providing a safe, family oriented place for visits \* Advocacy \* Resources \*

**Kwakiutl (Fort Rupert)**

**Kwakiutl District Health Council**

97 Tsaskis Way, Box 2220, Port Hardy, BC, V0N 2P0

Phone: 250-949-6625, Fax: 250-902-2246

Provides a variety of services to Band members. Programs include: Patient Travel \* Community Wellness \* Child and Youth Work \* Home and Community Care Nursing \* Head Start \* Education Administration \* Infant Development

**'Namgis (K'wak'walat'si)**

**‘Namgis First Nation Community Health Department**

Box 210, Alert Bay, BC, V0N 1A0

Phone: 250-974-5556, Fax: 250-974-5900

**'Namgis Community Services / K’wak’walat’si Child and Family Services**

45 Atli Street, Box 350, Alert Bay, BC, V0N 1A0

Phone: 250-974-5356, Fax: 250-974-2634

## Provides the following services:

## Delegation Social Work

## 8:30 am – 4:30 pm (will respond to emergency after hour calls)

As a delegated program we provide child welfare services through voluntary appointments, voluntary care agreements, family care homes, extended living programs. We assist families with visits with the Ministry. While we have some restrictions as to whom we provide agreements with anyone living of Cormorant Island may come for information and or referral.

## Social Assistance

This program offers Basic Needs, Special Needs. Assisted Living, National child Benefit and Child Out of Parental Home programs for people over age 19 and who live on reserve lands.

## Victim Services

Any person living on Cormorant Island may access this program who require support after a crime, support with filling out a variety of forms, custody information, accompaniment to court.

## Legal Support Services

8:30 am – 4:30 pm (Thursdays)
Any person living on Cormorant Island may access this program who require support in accessing Legal Aid, support with filling out a variety of forms, custody information, legal information, accompaniment to court.

## Family Support

8:30 am – 10:00 pm (assorted hours dependant on program)
We provide support through family visitations, assisting with parenting, budgeting, conflict, emotional support, communication skill development, advocacy with Child Welfare, youth support through Big Brothers/Big Sisters. Any person living on Cormorant Island may access this program.

## Big Brothers/Big Sisters

2:30 am – 10:00 pm (assorted hours dependant on program)
This program has both a male and female young adult who can spend time with your young child or teen. They are not counsellors but they are someone your child or teen may talk to, they help build self-esteem, they help build confidence and teach them different ways to handle conflict or make better choices through activities and conversation. Any person living on Cormorant Island may access this program.

**O/T (Pediatric Occupational Therapy), P/T (Pediatric Physical Therapy) and SLP (Speech and Language Physio)** to all children on the North Island.  For more information call 949-7005 or 974-5356

**Oweekeno (Wuikinuxv) Nation**

**Oweekeno (Wuikinuxv) Nation**

700 Paxta, Oweekeno Village, BC

Mailing Address: Bag 3500, Port Hardy, BC, V0N 2P0

Phone: 250-949-8625

**Quatsino**

**Quatsino Health Centre**

305 Quattishe Road, Coal Harbour, BC, V0N 1K0

Phone: 250-949-7161, Fax: 250-949-9224

Provides health services to Band members including: \*Home and Community Care\* Community Health Nursing\* Diabetes and Foot Care Nursing\* Alcohol and Drug Counselling\* Infant Development Program\* Child in Home of Relative Program\*

**Whe-La-La-U Area Council**

**Whe-La-La-U Area Council**

13 Whe-La-La-U, Box 150, Alert Bay, BC, V0N 1A0

Phone: 250-974-5501, Fax: 250-974-5904

Provides a Youth after School Program

**Sacred Wolf Friendship Centre**

145 - A Granville Street, Box 2041, Port Hardy, BC V0N 2P0

Phone:  250-902-0552, Fax:  250-902-0502

**PROGRAMS:**

**Family and Child Development Program** coordinator develops work plans tailored to the needs of the community based on our records (i.e. Stress management, mental health, child protection, healing, etc.).

**Roots program:** works with MCFD to find alternative care that maintains the child’s connection to their home community or family. We also work with foster parents to ensure cultural connections are maintained as much as possible.

**Family Support Program:** supports families involved with Ministry of Children and Family Development under the Child protection department. This coordinator assists families in having their children returned home as soon as possible by helping the family reduce risk to a minimum followed by education in risk management.

**Healing Through Traditions Program:** reaches out to all community members with the elder population as the target group. Luncheons and community kitchens are available for participants to share a meal and meet other service providers in the community. This is also a place where other things are offered such as access to flu shots, foot care, and other physical health care needs.

**ABORIGINAL INFANT DEVELOPMENT PROGRAMS**

**Kwakiutl**

Kwakiutl First Nations (Fort Rupert)

Box 1440, Port Hardy, B.C. V0N 2P0

Phone: 250-949-6625, ext. 224, Fax: 250-902-2246

Email: fridp@kwakiutl.bc.ca

**‘Namgis Community Services**

Box 350, Alert Bay, BC V0N 1A0

Phone: 250-974-5556 Fax: 250-974-5549

Toll Free: 1-888-962-6447

**North Island Early Intervention Team - AIDP**

Box 1259

Port Hardy, BC V0N 2P0

Phone: 250-949-7005, ext. 3249, Fax: 250-949-7066

**Nuu-chah-nulth**

Early Years Outreach/AIDP

Box 428, Gold River, BC V0P 1G0

Phone: 250-283-2012, Fax: 250-283-2122

Toll Free: 1-877-283-2012, ext. 113

**Quatsino**

305 Quattishe Road, Coal Harbour, BC V0N 1K0

Phone: 250-949-7161, Fax: 250-949-9224

**SPECIALIST CONTACTS**

**VIHA Speech and Hearing Clinic**

104 - 501 Fourth Street, Courtenay, BC V9N 1H3

Phone: 250-331-8526

**B.C. Children's Hospital**

4480 Oak Street, Vancouver, BC V6H 3V4

Phone: 604-875-2345, Fax: 604-875-2292

Toll Free: 1-888-300-3088

Website: www.bcchildrens.ca

**Ear, Nose and Throat Specialist**

Dr. C.H. Van Roy

Suite 102 909 Island Highway, Campbell River, BC V9W 2C2

Phone: 250-830-0707, Fax: 250-830-0701

**Optometrist**

Dr. Stanley Eng

#7 7070 Market Street, Port Hardy, BC V0N 2P0

Phone: 250-949-6282, Fax: 250-949-6285

Website: www.drstanleyeng.com

**Pediatrician & Fetal Alcohol Spectrum Disorder**

Dr. Mark Lund & Dr. Medghraj Gnawali

Alder Medical Centre

277 Evergreen Road, Campbell River, BC V9W 5Y4

Phone: 250-287-7441, Fax: 250-287-4384

**Pediatric Allergy**

Dr. Edward G. Coates

Suite 2 - 3188 Barons Road, Nanaimo, BC V9T 4B5

Phone: 250-729-7994, Fax: 250-729-7998

**Sunny Hill Centre for Children**

3644 Slocan Street, Vancouver, BC V5M 3E8

Phone: 604-453-8300, Fax: 604-453-8301

Website: www.bcchildrens.ca

Psychological Educational Evaluation Referral

Phone: 604-453-8313, Fax: 604-453-8352

**Vancouver Island Autism Assessment Services (VIHA)**

**Queen Alexandra Centre for Children's Health**

2400 Arbutus Road, Victoria, BC V8N 1V7

Phone: 250-519-5390, Fax: 250-519-6931

Website: www.phsa.ca/AgenciesAndServices/Services/Autism/Autism-Assessment.htm

**PROVINICAL PROGRAMS**

**Early Childhood Development & Community Living Services Division**

Manager of Special Needs

Box 9719, Stn. Prov. Gov't, Victoria, BC V8W 9S1

Phone: 250-387-6121

Toll-Free: 1-800-663-7867

**At Home Program Medical Benefits**

Medical Benefits Program

Ministry of Children & Family Development

Box 9763, Stn. Prov. Gov't, Victoria, BC V8W 9S5

Phone: 250-387-9649

Toll-Free: 1-888-613-3232

Email: MCF.MedicalBenefitsProgram@gov.bc.ca

**Wheels for Wellness**

1894 Bolt Avenue, Comox, BC V9M 2J4

Phone: 250-338-0196

Website: www.wheelsforwellness.com

Email: infor@wheelsforwellness.com

Executive Director Email: donbuchner@wheelsforwellness.com

**Angel Flight of BC**

Box 2623, Sidney, BC V8L 4C1

Phone: 250-818-0288, Fax: 250-665-0247

Website: www.angelflight.ca

Email: angel@angelflight.ca

**BC Early Hearing Program**

Phone: 250-519-5725, Fax: 250-519-2015

Toll-Free: 1-866-612-2347

Website: www.phsa.ca/AgenciesAndServices/Services/BCEarlyHearing/default.htm

Email: beehp@phsa.ca

**Representative for Children and Youth**

1-800-476-3933

Every child and youth in British Columbia has the right to be healthy, safe, educated, and to be heard. The dedicated team of advocates who work in the Office of the Representative for Children and Youth (RCY) is committed to ensuring that the rights and interests of children and youth are protected and upheld, and that their views are heard and considered by decision-makers.

**Who do they help?**

1. Children and youth receiving reviewable services or programs provided or funded by government including: services under the *Child, Family and Community Service Act*, early childhood development or child care, addiction services for children, mental health services for children, services under the *Adoption Act*, services under the *Youth Justice Act*, services under the *Community Living Authority Act*, and additional services or programs prescribed by regulation under the *Representative for Children and Youth Act* including:
	* children and youth in care
	* young people under a youth agreement
	* young people in custody
	* children and youth with special needs
	* youth with special needs transitioning to adult services
2. Young adults, from their 19th to 24th birthdays, who are eligible to receive services from Community Living BC and who received a reviewable service within 15 months of the person’s 19th birthday.
3. Reviewable services are generally either provided by or funded by the Ministry of Children and Family Development (MCFD) and include services or programs under the *Child, Family and Community Services Act* and the *Youth Justice Act;* mental health services for children, Child in the Home of a Relative support, and addiction services for children.

**How can they help?**

* Help children, youth and young adults know their rights and what to do if those rights are ignored
* Help connect children, youth and young adults with services and the programs they need
* Help children, youth and young adults speak up in a way that might solve their problem
* Help children, youth and young adults be a part of discussions about the care and services they receive and the decisions made about them
* Assist youth and young adults in their transition out of MCFD care
* Assist transitioning youth and young adults eligible for Community Living BC.