

BOUNDARY COMMUNITIES

CHILD & YOUTH MENTAL HEALTH & SUBSTANCE USE

Ministry for Children and Family Development Child & Youth Mental Health

Services: Child and youth mental health intake, assessment, treatment, case management and consultation. Provides treatment plans for clinically significant mental health disorders as per the DSM-5. Gatekeepers for Child & Adolescent Psychiatry.

Ages Serviced: 18 years of age and younger

Referral Process: New clients accepted through the walk-in clinic on Thursdays during 1:30-3:30pm. No referral required. New clients begin with intake assessment to determine when and what services are available for their situation. Parents are strongly encouraged to attend the intake clinic with their child or youth.

Hours: Monday to Friday - 9:00am-12pm, 1:00pm-4:30pm

Contact: 486 B 72nd Ave Grand Forks BC V0H 1H0
Phone: (250) 442-4378
Fax: (250) 442-4324

Freedom Quest Youth Services Society

Services: Youth drug and alcohol worker offers counselling services on a one-to-one basis as well as through group activities. Youth concurrent disorders program provides support, counselling, education and referral for youth who have both substance use and mental health issues.

Ages Serviced: 13-24 year-olds

Referral Process: Self-referral or referral by health practitioner, service provider, caregiver or others. All referrals can be made by calling the reception desk.

Hours: Monday to Friday - 9:00am-12pm, 1:00pm-4:30pm

Contact: 486 B 72nd Ave Grand Forks BC V0H 1H0
Phone: (250) 442-7979
Fax: (250) 442-4324

Boundary Family and Individual Services Society (BFISS)

Services: Counselling is provided to children and youth affected by trauma, sexual abuse, family violence and children with mental health concerns. Community integration program for children with special needs. Early intervention programs include Infant Development, Baby's Best Chance, paediatric physiotherapy, occupational therapy. Parenting programs offered periodically through the year.

Ages Serviced: Prenatal to adult

Referral Process: Self-referral or referral from health practitioner, service provider, caregiver or others. All referrals can be made by calling the reception desk. All potential participants will go through an intake process to determine the most appropriate service.

Hours: Monday to Friday - 8:30am-4:30pm

Contact: 1200 Central Ave Grand Forks BC V0H 1H0
Phone: (250) 442-2267

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West Kootenay Boundary Eating Disorders Clinic

Services: Assessment and treatment recommendations for individuals with eating disorders. The clinic does not provide ongoing treatment or case management of patients, however consultation services are available to physicians and therapists. The clinic also provides support services for families in the recovery of individuals with eating disorders.

Ages Serviced: All Ages

Referral Process: Self-referral or referral from health practitioner, service provider, caregiver. Call reception desk for all referrals. An eating disorders medical assessment by a physician is required before a child or youth attends the initial assessment appointment.

Hours: Tuesday to Friday - 8:30am-4:30pm

Contact: 707 - 10th St
Castlegar BC V1N 2H7
Phone: (250) 505-7252
Fax: (250) 505-7246

ARC Programs FASD Support Services

Services: Support services for children, youth and families living with fetal alcohol spectrum disorder (FASD) or a similar neuro-developmental condition. Provides education, programming and prevention strategies for youth, parents, teachers and service providers supporting children and youth with FASD.

Ages Serviced: 18 years of age and younger

Referral Process: Self-referral or referral from health practitioner, service provider, caregiver or others. All referrals can be made by phone or by filling out a referral form and faxing to the program.

Hours: Monday to Friday - 8:30am-4:30pm, flexible hours

Contact: 625 Columbia Ave
Castlegar BC V1N 1G9
Phone: (250) 365-5800
Fax: (250) 365-5811

Circle of Indigenous Nations Society (COINS)

Services: One on one mental health and addictions counseling, Healing our Spirits Recovery and Support Group.

Ages Serviced: 15 years and older

Referral Process: Self-referral. Priority for one-to-one services given to Aboriginal people and those that have Aboriginal spouse or children. Healing Our Spirits Group is open to all.

Hours: Healing Our Spirits Group on 1st and 3rd Friday of the month at the Women's Resource Centre in Grand Forks. One-on-one sessions by appointment.

Phone: (250) 444-0334

Take Home Naloxone (Narcan™) Program

Services: Take Home Naloxone Kits available for free to people who are either at risk of having an opioid overdose or seeing someone have an overdose. Kits also available at local pharmacies for a fee.

Referral Process: Self-referral.

Boundary Community Health Centre

Hours: Monday to Friday - 9:00am-12pm, 1:00pm-4:30pm

Contact: 7441 2nd St Grand Forks BC V0H 1H0

Phone: (250) 443-3150

Boundary Hospital Emergency Department

Hours: 24 hours/day; 7 days/week

Contact: 7649 22nd St Grand Forks BC V0H 1H2

Phone: (250) 443-2100