

VCH Trans* Specialty Care **(Services available through Three Bridges and Raven Song Primary Care Clinics)**

What do we offer?

VCH Trans* Specialty Care services offer knowledgeable and specialized care to transgender and gender diverse persons who reside within the Vancouver Coastal Health Region. Services we offer include:

- Hormone readiness assessment
- Endocrine (hormone) therapy
- Hormone injecting supplies
- Referral for surgical readiness assessment
- Pre-operative information and education
- Post-operative wound care
- Limited counselling

How do we work?

We work in multidisciplinary teams including nurses, counsellors, physicians, nurse practitioners, and social workers. We are a consultation service and work in collaboration with your family doctor. If you do not have a family doctor (GP) or nurse practitioner (NP) we will consult with you on the best options for primary care.

Where are we located?

VCH Trans* Specialty Care services operate out of two sites including Three Bridges Community Health Centre and Raven Song Community Health Centre.

Who can access service?

Services are provided to those living in the Vancouver Coastal Health Region - Vancouver, Richmond, North Shore, and Coastal Rural - out of two sites: Three Bridges and Raven Song Primary Care Clinics. Youth (under the age of 25), refugee claimants, those with complex mental health diagnoses, and individuals with post-operative complications who live outside the VCH Region will be given special consideration regarding access on a case-by-case basis. This may include referral to another health care provider or organization.

How can I book an appointment?

No referral is required to book an appointment. You are welcome to book an appointment by contacting our intake nurses at 604-633-4248. The nurse will identify the clinic that is able to see you and provide you with a date and time for an initial consultation appointment.

How much does it cost?

Our services are free.

Other Resources?

Our teams work closely with local services including the Provincial VCH Transgender Health Information Program (information and resources) transhealth.vch.ca, VCH Mental Health Teams, BC Children's Hospital, The Ministry for Housing and Social Development, and the Medical Services Plan. We have access to knowledgeable emergency mental health and surgical services through Vancouver General Hospital. We are supported by the BC Trans Clinical Care Group.

The Provincial RACE Line

If you are a physician or a nurse practitioner providing care for a transgender or gender diverse patient and need to consult with someone who has more experience with providing trans* specialty care, please call the RACE Line at 1-877-696-2131 as transgender care has recently been added to that service. The RACE Line is a provincial service.